



FFORWM
POLISIÂU CYMRU
POLICY FORUM
FOR WALES

Prudent healthcare in Wales: challenges, practicalities and progress

24th February 2015

CONDITIONS FOR USE OF TRANSCRIPTS:

This document is intended to provide a timely reference for interested parties who are unable to attend the event to which it refers. Some portions are based on transcripts of proceedings and others consist of text submitted by speakers or authors, and are clearly marked as such. As such, apart from where it is indicated that the text was supplied by the speaker, it has not been possible for the transcript to be checked by speakers and so this portion of the document does not represent a formal record of proceedings. Despite best endeavours by Westminster Forum Projects and its suppliers to ensure accuracy, text based on transcription may contain errors which could alter the intended meaning of any portion of the reported content. Anyone who intends to publicly use or refer to any text based on the transcript should make clear that speakers have not had the opportunity for any corrections, or check first with the speaker in question. If in doubt please contact the forum first.

Contents

<u>About this Publication</u>	3
<u>Agenda</u>	4
<u>Session Chair's opening remarks</u>	
Janet Finch-Saunders AM, Member, Health and Social Care Committee, National Assembly for Wales (<i>transcript</i>)	6
<u>"The Prudent Approach: Why? And what that means"</u>	
Professor Sir Mansel Aylward, Chair, Public Health Wales; Director, Centre for Psychosocial and Disability Research and Professor of Public Health Education in the School of Medicine, Cardiff University (<i>transcript</i>)	8
<u>Making prudent healthcare a reality</u>	
Professor Marcus Longley, Professor of Applied Health Policy and Director, Welsh Institute for Health and Social Care, University of South Wales (<i>transcript</i>)	11
<u>Addressing financial challenges for NHS Wales</u>	
Eifion Williams, Director of Finance, Abertawe Bro Morgannwg University Health Board (<i>transcript</i>)	14
<u>Service redesign - increasing co-operation and integration</u>	
Professor Ceri Phillips, Head, College of Human and Health Sciences and Professor of Health Economics, Swansea University (<i>transcript</i>)	16
<u>Case study: prudent healthcare in practice</u>	
Kamal Asaad, Medical Director, Cwm Taf University Health Board (<i>transcript</i>)	18
Questions and comments from the floor (<i>transcript</i>)	20
<u>Session Chair's closing remarks</u>	
Janet Finch-Saunders AM, Member, Health and Social Care Committee, National Assembly for Wales (<i>transcript</i>)	28
<u>Session Chair's opening remarks</u>	
John Griffiths AM, Member, Health and Social Committee and Children, Young People and Education Committee, National Assembly for Wales (<i>transcript</i>)	29
<u>Next steps for prudent healthcare in Wales</u>	
David Rees AM, Chair, Health and Social Committee, National Assembly for Wales (<i>transcript</i>)	31
Questions and comments from the floor (<i>transcript</i>)	35
<u>Adopting a 'prudent' approach - challenges and practicalities</u>	
<i>Health and social integration in practice</i>	
Eve Parkinson, Integrated Services Manager, Aneurin Bevan University Health Board (<i>transcript</i>)	38
<i>Reforms to primary care and the role of the GP</i>	
Dr Charlotte Jones, Chair, General Practitioners Committee Wales, BMA (<i>transcript</i>)	41
<i>The role of healthcare technology</i>	
Alison Rogan, External Affairs Director, Tunstall and Chair, Dementia-friendly technology task and finish group, Alzheimer's Society (<i>transcript</i>)	45
Questions and comments from the floor (<i>transcript</i>)	48
<u>Reducing demand on primary and secondary care services - 'prudent' approaches to self-care, public and mental health</u>	
<i>Changing behaviour and lifestyles - improving public health and increasing self-care solutions to tackle rising NHS demand</i>	
Dr Carl Hughes, Senior Lecturer, School of Psychology and Member, Clinical, Health and Behavioural Psychology Research Group, Bangor University (<i>transcript</i>)	51
<i>The patients' perspective</i>	
Councillor Marian Lewis, Councillor, Neath Port Talbot County Borough Council and Member, Abertawe Bro Morgannwg Community Health Council (<i>transcript</i>)	54
<i>What does prudent health mean for mental healthcare in Wales?</i>	
Alun Thomas, Chief Executive, Hafal (<i>transcript</i>)	56
Questions and comments from the floor (<i>transcript</i>)	59
<u>Session Chair's and Policy Forum for Wales closing remarks</u>	
John Griffiths AM, Member, Health and Social Committee and Children, Young People and Education Committee, National Assembly for Wales (<i>transcript</i>)	62
Jonny Roberts, Associate Editor, Policy Forum for Wales (<i>transcript</i>)	63
<u>Comments</u>	64
Dilwyn Jones, Service Manager, Brain Injury Rehabilitation Trust	
<u>List of Delegates Registered for Seminar</u>	66
<u>Contributor Biographies</u>	73

Please be advised that speakers' PowerPoint presentations are included within the transcript itself, just beneath the relevant speaker's text. Please note that not all speakers are able to grant permission for us to include their slides.

About this Publication

This publication reflects proceedings at the Policy Forum for Wales Keynote Seminar: Prudent healthcare in Wales: challenges, practicalities and progress held on 24th February 2015. The views expressed in the articles are those of the named authors, not those of the Forum or the sponsors, apart from their own articles.

Although Policy Forum for Wales is grateful to all sponsors for the funding on which we depend, participation in events and publications is never conditional on being a sponsor. As well as funding ongoing operations, sponsorship enables the Forum to distribute complimentary copies of publications, and offer complimentary tickets for events, to Government ministers, parliamentarians and officials most involved in policy.

This publication is copyright. Its copying, in whole or in part, is not permitted without the prior written consent of the publishers. However, extracts of the text may be reproduced for academic or review purposes, subject to the conditions of use outlined in the previous page, providing they are accurate, are not used in a misleading context and the author, their organisation and the Policy Forum for Wales are acknowledged. We would also appreciate being informed.

Policy Forum for Wales

UK Headquarters
4 Bracknell Beeches
Old Bracknell Lane West
Bracknell
Berkshire RG12 7BW

T: 01344 864796

F: 01344 420121

publications@westminsterforumprojects.co.uk

Directors

Peter van Gelder

Chris Whitehouse